

Fast Facts

Trichomoniasis

- Also called trich
- Sexually transmitted infection caused by a one-celled protozoan (a type of tiny parasite)
- Time between exposure and infection (incubation period) isn't known but is thought to be somewhere between 4 – 28 days
- Affects over 3 million people every year
- Certain things can increase your chances of having a trichomoniasis infection, such as having multiple sexual partners, a history of other sexually transmitted infections, a previous episode of trichomoniasis, or having sex without a condom
- Most complications from a trichomoniasis infection apply to pregnant women (can cause premature delivery, the baby to have a low birth weight, and potentially transmit the infection to the baby as it passes through the birth canal)
- All women with a trichomoniasis infection are at higher risk of becoming infected with HIV

<i>Symptoms</i>	<i>Treatment</i>	<i>Prevention</i>
<p>-Most people don't have symptoms (at least not at first)</p> <p><i>Women:</i></p> <ul style="list-style-type: none"> -Foul-smelling vaginal discharge (can be white, gray, yellow, or green) -Genital redness/burning/itching -Pain with urination/intercourse <p><i>Men:</i></p> <ul style="list-style-type: none"> -Irritation inside the penis -Burning with urination/after ejaculation -Discharge from the penis 	<ul style="list-style-type: none"> -Megadose of metronidazole or tinidazole -Sometimes a lower dose of metronidazole two times a day for seven days -Don't consume alcohol for 24 hours after taking metronidazole and 72 hours after taking tinidazole because it can cause severe nausea and vomiting -Both you and your partner need to be treated -Avoid intercourse for at least a week (it takes about this long for the infection to clear) -Get retest after the treatment to ensure that you aren't reinfected 	<ul style="list-style-type: none"> -Abstain from sex -Use a condom every time -Get tested regularly for all sexually transmitted infections (STIs)

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